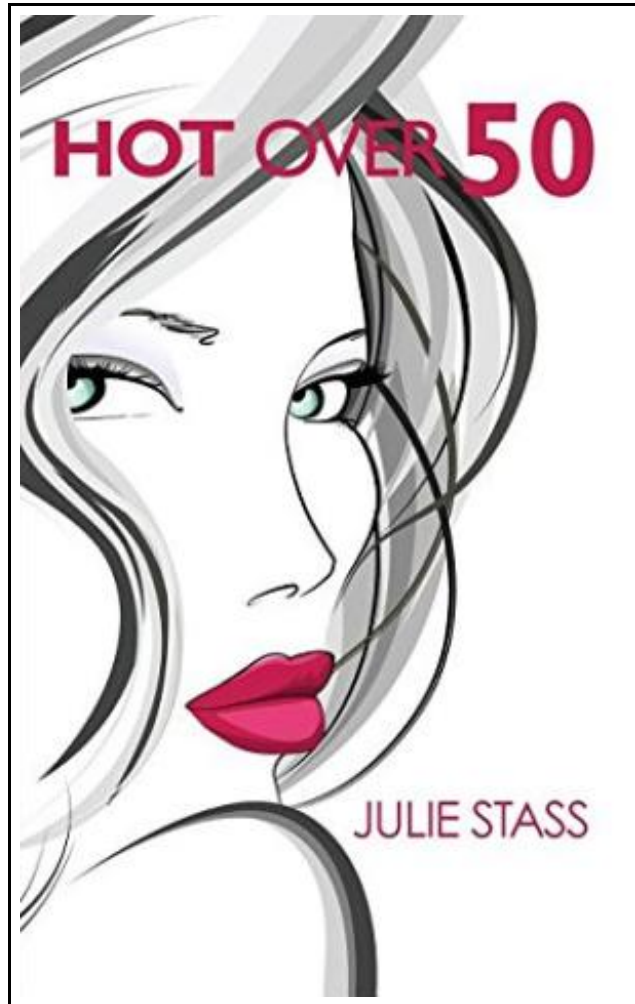


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Difference Press, United States, 2014. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.The lyrics of her new release, *Pretty Hurts*, Beyonce sings; *Pretty hurts*, we shine the light on whatever s worst. We try to fix something but you can t fix what you can t see, It s the soul that needs surgery, sums up the message in *Hot Over 50*, Making the Beauty, Wisdom, Anti-aging connection. In *Hot Over 50*, Dr. Julie Stass tells the sexy grandmas and the Ms Looks-twenty-years-younger set, that anti aging has jumped to higher level. The new formula for timeless beauty eliminates a woman s need to freeze time and moves her to a deeper beauty that never grows old. Hot, over 50 women like Tina Turner, Ali McGraw and Geena Davis have experienced the anti aging magic of authenticity. Admirers may wonder if she has had work done. The Truth is, being hot over 50 means she s done the work. As women age through their 50s and into 60s, most begin to question the roles and expectations they ve lived by for decades. Then, out of blue, comes a catalytic moment. Sometimes it s dramatic; her spouse asks for a divorce, there is a cancer diagnosis, the death of a parent, a spouse or a friend. Often it is an equally powerful but more subtle event: noticing that men don t look and flirt anymore or she sees her reflection in a store window and thinks, My God, is that me? Moving through their fifth decade, women physiologically and emotionally experience a different kind of energy, accompanied by restlessness and the unsettling sense that everything is changing. Nothing, her style, routine, day to day interactions, really fits anymore. It s...

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