



FIT TO SERVE

By Matthew Grayson Scott

Xulon Press. Paperback. Book Condition: New. Paperback. 366 pages. Dimensions: 8.4in. x 5.6in. x 1.0in. As the apostle Paul, I proclaim that I come not with excellency of speech or of wisdom. My intellectual education consists of High School and 6 consistent years of education in the Health and Fitness field. Occupationally, I am a former fitness and nutrition trainer and health club owner. During my time in this career I have conducted seminars, and personally trained thousands. Spiritually, I came to know Jesus as my Lord and Savior at a young age and have served in church all of my life. Now I teach Sunday school, Christian Counsel, and conduct FIT TO SERVE presentations. My wife and I not only teach others about the importance of physical and spiritual fitness, but personally know the priceless value of these principles in our faith, marriage, and ministry. God completely caught me by surprise with the insights He gave in this book. I trust that you will be just as impacted by Fit to Serve as I have been and continue to be! Make no mistake about it; I am not a writer by nature. Any good thing that comes from this book...

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