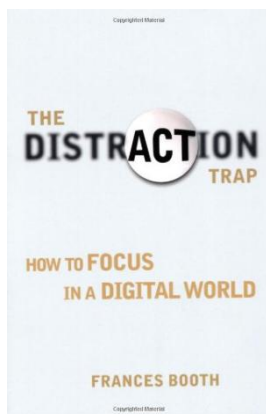


## Find eBook

# THE DISTRACTION TRAP: HOW TO FOCUS IN A DIGITAL WORLD



Pearson Education Limited. Paperback. Book Condition: new. BRAND NEW, The Distraction Trap: How to Focus in a Digital World, Frances Booth, If you're worried that you're losing the power to concentrate The Distraction Trap can help. Learn how you can easily release your life from the steely grip of modern technology where you're always available and always connected. Discover how you can radically boost your productivity by keeping your whole brain and both eyes on the task in hand. You...

### Download PDF The Distraction Trap: How to Focus in a Digital World

- Authored by Frances Booth
- Released at -



Filesize: 5.93 MB

## Reviews

---

*The very best book i actually study. It is actually writter in easy terms and never hard to understand. Your daily life period will probably be enhance when you total looking over this publication.*

-- **Edna Rolfson**

*It is fantastic and great. Sure, it is perform, nonetheless an amazing and interesting literature. Once you begin to read the book, it is extremely difficult to leave it before concluding.*

-- **Conor Grant**

*Unquestionably, this is actually the very best job by any publisher. It really is basic but unexpected situations within the 50 % from the book. I discovered this book from my dad and i advised this publication to discover.*

-- **Dr. Willis Walter**

---