



Enamorandome de Mi Misma: Una Travesia Personal y Una Guia de Como Enamorarte de Ti Mismo (Paperback)

By Marcy Morrison

Createspace, United States, 2014. Paperback. Book Condition: New. 203 x 127 mm. Language: Spanish . Brand New Book ***** Print on Demand *****.Constantemente estas persiguiendo personas u oportunidades - porque piensas que estas personas o logros te haran sentirte feliz o realizado? Sientes que aunque hagas muchas cosas nunca eres lo suficiente ? Me refiero a que nunca te sientes lo suficientemente bueno, lo suficientemente inteligente, lo suficientemente exitoso, etc. Yo he estado en ese lugar y finalmente decidi que ya no queria vivir de esa manera. Mi solucion fue aprender como enamorarme de mi misma y aprender que, efectivamente, yo soy lo suficiente en este momento. En mi libro Enamorandome de Mi Misma: Una Travesia Personal y una Guia de Como Enamorarte de ti Mismo - comparto contigo mi travesia personal de una manera muy abierta y sincera. Espero que mi travesia te ayude a encontrar la fortaleza para hacer lo mismo - para que puedas enamorarte de ti mismo. En mi libro encontraras ejercicios especificos que me han ayudado tanto a mi, como a mis clientes, a enamorarnos de nosotros mismos. Tu eres una persona extraordinaria, hay una razon por la que estas aqui en este mundo. Es...



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