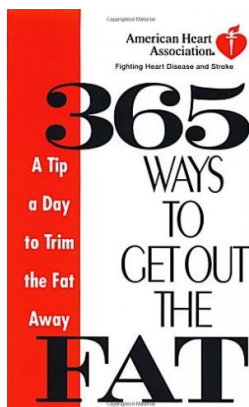


American Heart Association 365 Ways to Get Out the Fat: A Tip a Day to Trim the Fat Away



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